

# Are you over 50, live in Dorset and need some information?



**Dorset Partnership for Older People Programme (POPP)** provides a free and confidential information service, funded by the Dorset County Council and Dorset NHS.

A Dorset POPP Wayfinder, who works in your community, can provide information or put you in contact with specialist help on many topics including: money/benefits, transport, learning new skills, keeping your home warm, local clubs, support for you if you are caring for someone, and much more.

*They want to know what is important to you and will help you find the information you need.*

**Contact your local Wayfinder Gill Bailey: 07971 338622**

**Central contact numbers: 01202 946111/01305 548111**

**Email:** [wayfindersinfo@helpandcare.org.uk](mailto:wayfindersinfo@helpandcare.org.uk) **Info:** [www.dorsetforyou.com/popp](http://www.dorsetforyou.com/popp)