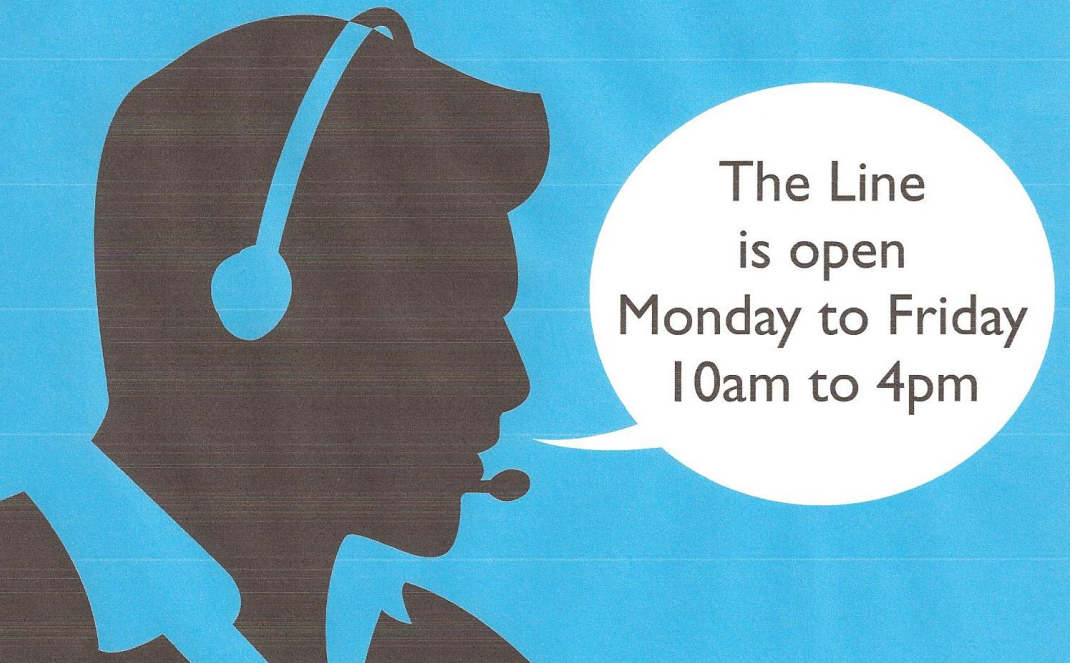
DIAL
Access Dorset

Information and Advice Line
For disabled people, older people and carers

Telephone 01202 430113



DIAL Access Dorset — 01202 430113

After a review of our Information & Advice Service, Access Dorset have decided to improve our service by launching a dedicated telephone helpline to provide information and advice on all aspects of independent living five days a week.

DIAL Access Dorset is open Monday to Friday from 10am until 4pm.

Outside these times you can leave a message on the answering machine and one of our volunteer independent living advisers will call you back as soon as possible.

We also have a Drop In Service where you can get face to face support on Wednesday afternoons between 2pm and 4pm at Access Dorset, Littledown Centre, Chaseside, Bournemouth BH7 7DX.

DIAL Access Dorset can help with:

- Rights and discrimination
- Aids and adaptations in the home
- Social and leisure activities
- Safety
- Transport
- Signposting to support groups and organisations

Access Dorset is also a third party Hate Crime Reporting Centre. We can provide support to help people deal with any distressing incident that takes place in the community, such as bullying, harassment or being unsure of how to deal with a situation. If requested, Access Dorset will report incidents to the police on your behalf – anonymously if that is what you prefer.

We need your support

If you would like to become a volunteer independent living adviser please contact us at the office. We provide a thorough training and supervision program to help our volunteers further develop their skills and experience.